

## **Story Prompts for Creating a Memory Bracelet**

(for mothers and daughters together)

Before selecting a “bead” for your bracelets, take a moment to identify a particular memory or story. While you share it with your daughter, she can record it on the cards. Then you may each select an item to add to your Memory Bracelet. May this be a meaningful time for you both!

### **Tell about a time in your life that was spiritually refreshing.**

Where is the place that you like to meet God? How did you become a Christian? When do you most long for a closer relationship with God? Tell as much of your faith story as you want!

Choose a white pearl bead to place on your memory bracelet to remember a spiritually refreshing time.

### **Tell about the time when you decided to get married.**

How did you know he was the one? Why did you love him? In what ways do you continue to love your husband? *Girls:* What qualities would you like to find in a husband?

Tie a gold ring on your bracelet to remember the special love between your parents or between you and your husband.

### **Tell about a time when God was calling you to something new!**

Ding-a-ling! Don’t you wish God would speak really LOUD? Recall a time in your life when you sensed that God was leading you to a new place, a new job, a new relationship, a new way of being faithful.

Place a bell on your memory bracelet to remind you of time when God was calling you to something new!

### **Tell about a time when you were puzzled.**

Ever have a time when you truly did not know what to do? Perhaps today! How did you make an important decision? How did you seek God’s direction? Was your puzzle solved? Place a puzzle piece on your bracelet to remind you of a time when you were perplexed.

### **Tell about a favorite memory of home.**

If you could go back in time and take your daughter back to one moment in the home where you grew up, what would it be? A celebration? A time of sadness? A milestone? String on a small wooden spool to remind you of this homey story.

### **Tell about a time when you felt you were being molded into God’s image.**

As you look back over your life, can you remember a time when you felt God was shaping you into something new? Was it an experience at camp? College? Hitchhiking? ☺

Place a patterned/multicolor bead on your bracelet to remind you of a time when you were molded into God’s image.

### **Tell about significant people in your life.**

Who has served as a mentor, role model, bosom buddy, soul mate? Is there a family member with whom you have a remarkable relationship? What makes your relationship with them special? How has this friendship been sustained over the years?

Attach a button to represent this special person. You can choose any button you want. There are enough buttons for you to do this three times. Make sure a story/memory is recorded each time.

**Tell about a special holiday memory.**

What important holiday story do you want to make sure your daughter knows? Is there something that happened before she was born? What were your childhood holidays like? Place a wooden bead on your bracelet to remind you of a special holiday memory. Choose whatever color you want! There are enough beads for you to do this twice.

**Tell about a dream, hope or promise.**

What do you want in life? What dreams have come true? Share about your hopes for the future – for yourself, for your daughter, for your family. Can you share a promise with each other? *Girls:* tell your mom about hopes and dreams that you have! Tie on a length of ribbon to signify dreams and hopes for the future or a special promise. You can do this a bunch of times – snitch other ribbon colors from other tables.

**More Prompts -- Extra Credit ! ☺**

If you choose these options, you can choose any objects to string on your bracelets. There are extra buttons and ribbon – so you can choose multiples of them. Make sure that all at your table are done with the “above required items” so you don’t use up their supplies.

Think about how God has been faithful through your life. How have these recollections shaped your life and your response to God?

Tell about a time when you knew God answered prayer. Where were you? Did you realize at the time that God was at work within you?

Share about your favorite hymn or praise song. What do you like about it? What kind of emotions do you associate with it? How old were you when you first sang it?

Reflect on faith struggles that you have had. When you have doubts and questions, what do you do?

Tell about a passage of scripture that you either love or struggle with. Has it always been so? Explain a bit more about your connection with this passage.

Remember your favorite experience in nature – Is it a peaceful time or a time of “woman vs. nature”?

Tell a story about your Baptism or another time when you made a significant commitment to Christ.